

4-1 PERSONAL TRAINING SCHEDULE



MORNING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 AM		9:30 AM		9:30 AM	9:45 AM

EVENING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 PM		5:30 PM			
6:30 PM		6:30 PM			